

### **13. THRUSTING WEDGE** (Front two hand high push)

1. With feet together, step forward with your right foot (to 11 o'clock) into a right forward bow as both of your arms thrust forward so that your forearms are wedges and your fingers (of both hands) are thrusting claws to opponent's eyes and face.
2. Immediately pivot (in place) counter clockwise and drop down into a horse simultaneously as your left hand grabs your opponent's right wrist and pulls it down and past your left hip (anchoring your left elbow in the process).  
Simultaneously with the above action have your right elbow strike up to opponent's chin (right upward elbow strike).
3. Follow up with a right downward overhead heel of palm strike to bridge of opponent's nose and right five finger claw to opponent's eyes (in the same motion).
4. Right front crossover and cover out to 6 o'clock.

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### **14. THRUSTING SALUTE** (Front straight right kick)

1. While standing naturally with feet together, step back with your right foot (to 6 o'clock) into a left neutral bow as you deliver a downward block to the inside of opponent's right kicking leg.
2. Have your left foot pivot counter clockwise, in place, as you kick forward with the ball of your right foot to opponent's groin. Simultaneously have Your left hand check high (left extended outward but relaxed handword) for Possible head shots.
3. As you plant your right foot forward toward 11 o'clock (between opponent's legs and into a right neutral bow), deliver a right torquing heel of palm
4. Right front crossover and cover out twice.

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### **15. GIFT OF DESTRUCTION** (handshake)

1. With right hand shaking and while standing naturally, hop directly forward and slightly to your left to 11 o'clock, depending on circumstances, with your left foot as your right hand pulls your opponent's right hand toward and past your right hip.
2. With the above action, simultaneously strike in and against the joint of your opponent's right elbow with your left heel of palm as you deliver a right knee kick to opponent's groin or stomach.
3. As you plant your right foot forward (toward 10 o'clock) and against the inside portion of opponent's right knee, (in a right neutral bow) deliver a right inward horizontal elbow strike to left jaw of opponent while checking opponent's right arm down with your left hand.
4. Right front crossover and cover out twice.

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### **16. LOCKING HORNS** (Front headlock)

1. With feet in line with each other and body bend forward, step forward with your right foot toward 11 o'clock and deliver a right upward vertical reverse handword to opponent's groin while simultaneously having your left hand check opponent's right thigh just above the knee and your chin turned in such a position so as to keep your breathing constant. (Turn your chin to the right and tuck it against your chest).
2. Immediately follow-up with a right vertical obscure elbow strike to opponent's jaw while keeping in a low right neutral bow.
3. After snapping the elbow to opponent's jaw loop your right elbow and strike again (shuffling forward if needed) having it drive from 1 o'clock down to 7 o'clock to the left side of opponent's jaw as your left heel of palm hooks in and strikes opponent's right jaw thus causing a sandwiching effect.
4. Right front crossover and cover out twice.

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