

45. FLASHING WINGS (Front straight right punch)

1. Standing naturally with feet together, step to your left on a 45 degree angle with your left foot (to 11 o'clock) as your left inward blocks on the outside of opponent's right arm and your right arm cocks to your right hip (fist clenched and palm up).
2. Shift into a left forward bow as you deliver a right inward horizontal elbow strike to opponent's right ribs (with your left hand guarding and employing the bracing angle concept) which follows through and by passes opponent's ribs.
3. Shift clockwise into a horse as you execute a right horizontal outward elbow strike to opponent's right shoulder blade (just under it) as you simultaneously execute a left horizontal outward heel of palm claw across opponent's face.
4. Continue to pivot clockwise into a right wide kneel (facing 5 o'clock) as you deliver a right hooking chop (out and diagonally down while anchoring your right elbow) and left chop to the back of opponent's neck.
5. Shift counter clockwise into a left wide kneel as your left hand checks and pins opponent's right arm to himself and your right hand chops (thrusting with the palm up) to opponent's throat.
6. Left front crossover and cover out to 5 o'clock.

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46. REVERSING MACE (Front Straight Left Punch)

1. From a right neutral bow slide your left foot counter clockwise to 5 o'clock; simultaneously use a right inward and left vertical outward block outside of opponent's left punch. Without any loss of motion, the right inward block continues and becomes a right horizontal outward back knuckle as it strikes to opponent's left ribcage.
2. Immediately shift your weight on to your left leg and deliver a right looping roundhouse kick to back of opponent's left knee complimenting the angle of your opponent's thigh. (As this kick is executed, kick with the instep of your right foot and make sure that your right ankle is locked straight out.)
3. Right front crossover and cover out to 4 o'clock.

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47. BEGGING HANDS (Front two hand grab to wrists)

1. With feet together, step back with your left foot (to 6 o'clock) into a right neutral bow as you have both of your hands assimilate begging (palm up) on the top of your opponent's wrists as your right foot draws back into a right cat stance.
2. Immediately deliver a right snapping ball kick to opponent's groin.
3. Plant your right foot (toward 12 o'clock) adjusting its depth according to the circumstance and deliver a left snapping ball kick to opponent's chin.
4. As you plant your left foot forward (toward 12 o'clock) into a left neutral bow, deliver a double torquing heel of palm thrust under opponent's chest, shuffling forward if needed.
5. Left front crossover and cover out to 6 o'clock.

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48. DARTING MACE (Front two hand wrist grab)

1. With feet together and opponent's hands grabbing your right wrist, step forward (toward 12 or 1 o'clock depending upon the position of your opponent's feet) and in front of opponent's right leg with your left foot (left neutral bow) as your right hand counter grabs opponent's right wrist and your left forearm is used as a thrusting inward strike before converting to a left vertical punch to opponent's face.
2. Drop your left arm down (while still in place) and horizontally across opponent's arms as you pull your right hand out of your opponent's grasp and immediately strike with your right fist (vertically to opponent's solar plexus while shifting (in place) into a left forward bow.
3. As your left hand delivers an outward chop (palm down) to opponent's throat (while your right hand guards low), simultaneously move your right foot up and alongside of your left foot into a right close cat stance.
4. Without hesitation step through into a right neutral bow between 11 and 12 o'clock with your right foot; stepping inside of and through opponent's right knee in order to buckle as you deliver a right heel of palm thrust to opponent's jaw and guard with your left hand.
5. Right front crossover and cover out to 6 o'clock.

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