

73 SWINGING PENDULUM (Front roundhouse right kick)

1. Standing in a right neutral bow (fighting stance), slide your left foot counter clockwise to 4 o'clock and strike with a right inward block simultaneously with a left downward block (universal block) against opponent's kicking right leg preferably at the knee.
2. Shuffle (push drag) toward 11 o'clock as you deliver a right downward hammerfist to opponent's groin. (You're still in a right neutral bow with your left hand checking high.)
3. Again shift your left foot counter clockwise to 2 o'clock as you deliver a right upward vertical elbow strike to opponent's jaw.
4. Right front crossover and cover out to 2 o'clock.

NOTE:

74 FLASHING MACE (Front straight right punch)

1. With feet together, step to 11 o'clock with your left foot (into a left neutral bow) as your left inward blocks the outside of your opponent's right punch at or above the elbow. Simultaneously with the block, cock your right hand above your right shoulder (palm out).
2. Immediately step through with your right foot to 10 o'clock (into a transitional right neutral bow) as you deliver a right inward horizontal knuckle rake to opponent's right cheek bone or temple with your left hand still guarding.
3. Without any hesitation pivot counter clockwise (you're now facing 4 o'clock) and strike to opponent's right ribcage with a left horizontal outward back knuckle strike and in the same motion, have your right hand execute an inward heel of palm bracing check to opponent's right upper arm.
4. After delivering a right inward bracing check against opponent's right arm follow up with a left outward check (left hand looks like a waiter carrying a tray). As you drop into a left wide kneel stance continue the motion of your right arm and without loss of motion, have your right hand circle counter clockwise as you loop a right overhead back knuckle strike to opponent's face or temple while executing marriage of gravity.
5. Left front crossover and cover out to 10 o'clock.

NOTE:

75 GRIPPING TALON (Front left hand direct wrist grab)

1. With feet together and opponent's left hand grabbing your right wrist, circle your right arm counter clockwise as your right foot steps forward (into a right neutral bow) to 12 o'clock. Simultaneously have your left hand assist your right so that it will become a check. Have your left hand circle under your right hand to act as a pinning check before grabbing downward.
2. Continue your counter clockwise motion and deliver a right downward hammerfist to opponent's groin. Your left hand is holding and checking opponent's left hand at this point near his left wrist but keeping conscious of opponent's elbow.
3. Immediately deliver a horizontal right inward elbow strike to back of opponent's left ribcage and follow through with the action.
4. Follow up with a right back horizontal outward (palm down) elbow to left ribcage.
5. Do a left rear crossover as you shoot a right outward back knuckle strike (following through) to opponent's left ribcage as your drop in a left reverse bow (buckling opponent's left leg with your right leg). Simultaneously loop your right inner wrist counter clockwise and strike back of opponent's right side of neck as your left hand continues to pull on opponent's left *arm* down and to your left to allow you a clear shot for the next move.
6. Deliver a right knee kick to opponent's face, crossover and cover out.

NOTES:

76 GATHERING CLOUDS (Front straight right punch)

1. With feet together, step to 10 o'clock with your left foot (into a horse) as your left hand parries your opponent's right punch. Simultaneously deliver a right inward horizontal knuckle rake (palm up) to opponent's right ribcage.
2. Follow through with the motion of your right hand and immediately deliver a right horizontal outward chop to opponent's right floating ribs.
3. Without hesitation move forward and inside of opponent's right knee (between 11 and 12 o'clock) with your right leg so as to buckle your opponent. Simultaneously strike to opponent's right ribcage with a right inward horizontal elbow strike without cocking. Keep your left hand up as a guard.
4. With your right leg between opponent's legs, do a right front scoop kick and plant your right foot back (into a left neutral bow) to 7 o'clock.
5. Left front crossover and cover out to 7 o'clock.

NOTES: