

### **89 DEFYING THE STORM (Front right roundhouse club)**

1. With feet together, step forward and to your left with your right foot to 11 o'clock (into a right neutral bow) as your opponent steps through with his right foot delivering a right roundhouse club attack.
2. As your right foot steps through to 11 o'clock, have your right knee buckle on the inside of your opponent's right knee while simultaneously striking his right wrist with your left extended outward chop and his right bicep with your right inward chop.
3. Immediately step back with your right foot to 5 o'clock (into a left forward bow) as your left hand grabs (at opponent's left wrist) and pushes out and away, simultaneously while your right hand grabs back of your opponent's right elbow and pulls down and toward you to snap the joint. This is done while anchoring your right elbow past your right hip
4. Follow up with a right knee kick to opponent's sternum and as you plant your right foot forward (to 11 o'clock) into a right neutral bow, bury a right inward overhead downward elbow strike to opponent's upper spine with your left hand still grabbing opponent's right wrist, keeping it over to the left side.
5. Cover out to 6 o'clock.

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### **90 MENACING TWIRL (Left hand rear belt grab)**

1. With back toward opponent and standing with feet together, step back and to your left with your right foot to 5 o'clock (a rear twist stance) as you deliver a right outward downward block. (Have your left hand in checking position near your solar plexus. )
2. Immediately pivot clockwise to 6 o'clock (now facing opponent) and deliver a left heel of palm thrust to opponent's chin while shifting into a right neutral bow.
3. Follow up with a left knee kick to opponent's groin.
4. Plant your left foot (in place) and immediately deliver a right knee kick to inside of opponent's right thigh.
5. Have the right foot (from last position) stomp onto the right instep of opponent.
6. Right front crossover and cover out twice toward 2 o'clock.

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### **91 LEAP FROM DANGER (Rear two hand push)**

1. As opponent pushes you from the rear, take a forward roll on your right shoulder toward 12 o'clock and leap up facing opponent at 6 o'clock while shuffling back into a left neutral bow fighting stance.
2. As your opponent proceeds to attack you, leap to your left to 4 o'clock with your left foot and deliver a right roundhouse kick to opponent's solar plexus. Plant your right foot toward 8 o'clock.
3. Pivot counter clockwise and deliver a straight left back kick to opponent's right ribs (kicking toward 8 o'clock).
4. Left front crossover and cover out twice toward 2 o'clock.

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### **92 RAKING MACE (Front two hand lapel grab — pull in)**

1. With feet together and as your opponent pulls you in, have your right foot step forward and to your left to 11 o'clock (into a right neutral bow). Simultaneously strike with a right uppercut punch to opponent's solar plexus as your left hand horizontally pins both of your opponent's hands down.
2. Immediately have your right hand circle counter clockwise (while your left hand still guards) and have the knuckles of your right fist rake (from 1 o'clock to 7 o'clock) down and across the bridge of opponent's nose; continue the move and strike down (diagonally) on opponent's forearm.
3. Follow up with a right outward chop to opponent's throat.
4. And a right inward horizontal elbow to the left jaw of your opponent as your left heel of palm simultaneously strikes to opponent's right jaw to cause a sandwiching effect.
5. Right front crossover and cover out to 6 o'clock.

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