

93 CIRCLE OF DOOM (Front straight right kick)

1. While in a right neutral bow (facing 12 o'clock) and your arms are to your side, pivot to your left into a right reverse *bow* as you deliver a right inside downward (palm down) in and up against opponent's right kicking leg just behind his right calf. Your left hand is in guard position at this point crossed over your right forearm. Continue circling your right arm counter clockwise to execute a right extended outward block.
2. Force your opponent's right leg in a looping counter clockwise arc as you deliver a right rear stiff leg kick up and under opponent's groin (if necessary drag your left foot in to assist you in gauging your distance), striking the groin with the back of your right heel.
3. Plant your right foot (in place) and deliver a left hooking kick to your opponent's head.
4. Left front crossover without planting your kicking foot and cover out twice toward 6 o'clock.

NOTES:

94 GIFT OF DESTINY (Handshake)

1. With feet together, step forward and slightly to your left (right neutral bow) to 11 o'clock (this is done to buckle your opponent's right leg) as your left hand grabs your opponent's right wrist and your right elbow strikes in and horizontally to opponent's solar plexus.
2. Have your right hand reverse grasp on opponent's right hand (from upper to lower side of fingers).
3. Step back toward 6 o'clock with your right foot (left neutral bow) as your hand twists your opponent's hand clockwise and your left hand reverses its grasp to assist your right hand in securing the twist.
4. Release your right hand and strike to back of opponent's right hand with your right heel of palm thrust to break opponent's wrist.
5. Deliver a right snapping ball kick to opponent's solar plexus.
6. Plant your right, foot to point of origin and left front crossover; covering out twice toward 6 o'clock.

NOTES:

95 HEAVENLY ASCENT (Front two-hand choke — arms straight)

1. With feet together and opponent applying choke, step forward with your right foot to 11 o'clock as both of your hands clasp together and execute a two arm upward wedge strike to inside of opponent's forearms to break the choke.
2. Pivot slightly (into a horse) and strike up and against opponent's chin with your right upward elbow.
3. Pivot back into a right neutral bow and deliver a right downward back knuckle strike to opponent's face.
4. Continue to pivot into a right forward bow as you execute a left heel and claw strike to opponent's nose and eyes. Your right hand is checking at this point.
5. Deliver a right half-fist uppercut to opponent's throat as you pivot back into a right neutral bow.
6. Right front crossover and cover out twice toward 6 o'clock.

NOTES:

96 BRUSHING THE STORM (Flank right overhead club)

1. With feet together and opponent attacking from your right side, step forward and to your right with your right foot to 2 o'clock (opponent is attacking from 3 o'clock while you are facing 12 o'clock). Simultaneously deliver a left inward parry outside of opponent's right arm while striking to opponent's jaw with a right heel of palm thrust which will end up striking under and inside of opponent's right arm.
2. Step forward with your left foot (left close kneel stance) to 2 o'clock as you strike to opponent's solar plexus with your right elbow (striking vertically and down) and continue checking opponent's right arm with your left hand.
3. Pivot clockwise to your right (into a left neutral bow) facing 8 o'clock as you strike to opponent's groin with a right heel of palm (hooking your right arm toward you.) Simultaneously continue to apply your left hand check to opponent's shoulder blade.
4. Drop your right foot back toward 2 o'clock into a left neutral bow as your right hand pulls opponent's right leg (sliding your hand to his right knee cap and to levels below that point) toward you as your left hand pushes forward at opponent's right shoulder blade or right hip.
5. While holding opponent's right leg with your right hand, deliver a left in-step kick to opponent's groin.
6. Plant your left foot and deliver a right knife edge kick to back of opponent's left knee thus buckling him to the ground.
7. Right front crossover and cover out twice toward 2 o'clock.

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